

Contribute to the Olympics

Improve Skills and Learn



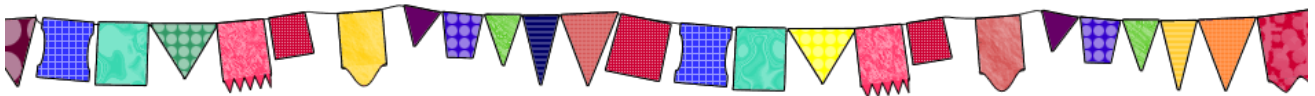
Develop International Links

Complete Badge Work

## Make a pennant as a gift for an Olympic Athlete

Quilts4London is a non-profit community-based project which is seeking to involve as many young people as possible to meet its target of 14,000 pennants to be given as gifts to participating athletes in the Olympic and Paralympic Games.

The pennants can be made using almost any textile technique, can be almost any shape as long as it's A3 and can be themed on anything from local heritage, scouting and sports to abstract, geometric or just crazy designs!



Quilts4London is asking Scouts & Guides to organise activities during 2010/2011 on evenings or weekend mornings/afternoons when members (yes and the Leaders as they don't get off lightly...) can learn and make one or more pennants. These pennants can then be displayed, exhibited or swapped with other Groups – maybe in other counties or countries so that they can also get involved and produce some as well. We may be able to help with this contact so let us know.

This activity is perfect for providing a fun, interactive and ongoing interest for completing one or more of the requirements for badge work. The more you get to participate, the more activities you can cover.

If you are planning to take part, check out our website and register. Registered users can post in the forums and upload pictures of pennants to the Gallery. Send us an email with a write up and pictures and we will publish an article on the site to encourage others and showcase your work.

### CONTACT:

EMAIL: [admin@quilts4london.org.uk](mailto:admin@quilts4london.org.uk)

WEBSITE: [www.quilts4london.org.uk](http://www.quilts4london.org.uk)





## Suggestions for Badge / Challenge Participation

### BEAVERS

<b>Creative Activity Badge</b>	The Quilts4London Workshop combined with the Beaver Scout writing an article to their Colony on one aspect of the skills used would complete this badge
<b>Creative Challenge</b>	The Quilts4London Workshop will satisfy the Creativity and Learning How Things Work aspects of this badge
<b>Friendship Challenge</b>	The Quilts4London project activities can be used to establish links and exchange pennants with other Scout/Youth Groups

### CUBS

<b>Partnership Awards (International Project)</b>	Establish links with other Groups Internationally (contacts can be fostered via Quilts4London) and exchange pennants as a sign of friendship. Both Groups can then make pennants for the Project together and donate them.
<b>Artists Activity Badge</b>	Quilts4London can satisfy the Design and Produce on Fabric aspects of this Badge
<b>Hobbies Badge</b>	Quilts4London can provide ongoing support to encourage Cubs to continue a textiles-based hobby over a period of time during which they can make a number of pennants for the project.
<b>Creative Challenge</b>	The Project is good for providing input into this Challenge.

### SCOUTS

<b>Hobbies Activity Badge</b>	Quilts4London can be used to meet the criteria laid out in Alternative A for completing the badge
<b>Partnership Awards : International / Global Challenge</b>	Establish links with other Groups Internationally (contacts can be fostered via Quilts4London) and exchange pennants as a sign of friendship. Both Groups can then make pennants for the Project together and donate them.
<b>Creative Challenge</b>	Quilts4London can satisfy at least 2 major criteria in this Challenge
<b>Craft Activity Badge</b>	Quilts4London can be used to meet the criteria laid out for completing the badge



## Suggestions for Badge Participation

### RAINBOWS

<b>Rainbow Jigsaw</b>	The Quilts4London project offers a great opportunity to find out more about textile skills, let the creative side blossom and create a fun environment to make and decorate pennants. It can be used to teach a wide range of skills from simple gluing, painting and cutting through to working as a team on a project, planning and group activity.
-----------------------	---

### BROWNIES

<b>Brownie Skills Badge</b>	When decorating a pennant, sewing on badges/buttons can help towards this badge
<b>Artists Badge</b>	Quilts4London can satisfy at least two elements of this Badge
<b>Craft Badge</b>	Quilts4London can be used for one or more aspects of this Badge.
<b>Designer Badge</b>	The Project is good for providing input into this Badge.
<b>World Guiding Badge</b>	Quilts4London encourages sharing and exchanging pennants with other Groups which is ideal for this badge.

### GUIDES

<b>Craft</b>	Quilts4London can be used to complete Clauses 3, 4, 5,8
<b>Hobbies</b>	Quilts4London can be used to complete all clauses of this badge



## Guidelines for the Design and Construction of Pennants.

**Why Pennants?** - Traditionally in sport, competitors exchange Pennants as a sign of friendship. To continue this tradition, and as a memento of their participation in this event, we are undertaking a project to make an A3 (12" x 16") Pennant for each athlete - a personal gift for each athlete, created by you. Irene Heathcote combined the idea of Pennants and Journal Quilts and created the 'Quilts4london' Pennant Project.

**Pennants** - They can be made using a variety of techniques - patchwork, painted textile, photographs printed on fabric, felted, embroidered, cross-stitch, and appliqué (with lace and fabric or anything else), or knitted - and even embellishments can be added (Tassels, buttons, beads, fancy threads etc). They can be made by hand or machine. Quilted or un-quilted. If you are in any doubt and would like to ask a question about this or anything else to do with the project, please contact us and we will get back to you as soon as we can.

**Pennant Shapes** - The shape of the Pennant is derived from a sheet of A3 paper (42cm x 30cm approx). The 'Pennant Instructions' PDF File shows you how to make a template. Pennant templates are available for printing out, but you have the freedom to make the shape of your pennant as unique as possible.

**Layers** - Need to be a minimum of 2 layers.

**Colour** – Any colours can be used for the body of the pennant.

**Designs** – Any design from abstract, patterned, pieced, pictorial to anything you fancy. It could be an image depicting something local to you, or maybe depicting a sporting event, or maybe celebrating your regional heritage and culture or made using local /regional materials. It can be anything you like. There are restrictions placed on the use of the Olympic rings logo and 'London 2012'. This is to comply with the Branding Restrictions set by the Olympic Committee. [It is advisable to follow this link and read the information regarding Olympic Branding before designing your piece.](#)





**Edges** – The pennants can be made by the bagging method (sometimes known as the 'birthing' method) or bound. If you bind the outside edge it would be ideal to use a colour from the Olympic rings – Green, Blue, Yellow, Red, Black, White - to harmonise the pennants. If your pennant needs a different colour binding, then by all means please use your own colour choice.

**Hanging Sleeve** - In order to display the pennants, they all need a sleeve on the back. This needs to be a minimum of 4" wide.

**Label** - Please add a label to your Pennant with some information about you and the Pennant. Add as much or as little information as you like. Suggestions are the Title of the piece, Date completed, your Name (could just be your first name), the Town and County and maybe a message to the recipient. If the Pennants are being made by a school or youth organisation the Child's first name, an adult contact and the name and location of the school/organisation. A printable "Quilts4london" label is available for printing onto fabric; use the Pennant Labels' PDF File below. Printable Fabric Sheets are available [here](#).

**Can I make more than one?** - Yes you can. You have until the closing date of the end of December 2011 to make as many variations of Pennant as you would like. Over 12,000 took part in the Beijing Olympics, Paralympics and Special Olympics, so we would like as many of you to help as possible.

**What do I do next?** - Please post your finished and labelled Pennant to -  
'Quilts4London',  
39 Hunting Gate,  
Hemel Hempstead,  
Hertfordshire,  
England, HP2 6NX

The Pennants need to be completed by closing date December 2011, but we are collecting them from now onwards in order to exhibit the work in the time leading up to the Olympics. There will be an exhibition of all the Pennants before June 2012. The arrangements for the giving of the Pennants to the Athletes are to be confirmed.





**Who can take part?** - The Pennants can be made by groups, by individuals, any age or ability. We encourage school groups, young quilters and embroiderers, textile students and other organisations to take part. We would like everyone to take part who is able to sew (or would like to make this their first time) and has an interest in textiles, mixed media, art or just having fun. If you are helping children make a Pennant, it would be a wonderful idea if they made two - one to give to quilts4london and one to keep as a memento of the Olympics for themselves.

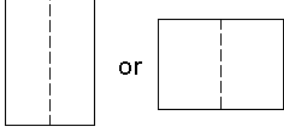
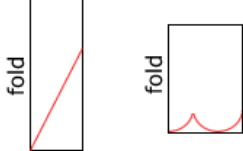
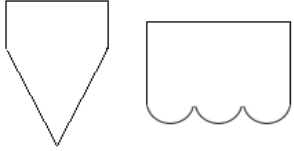
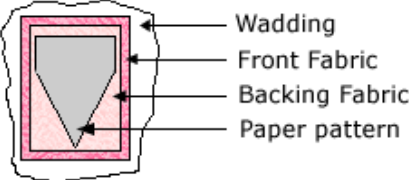
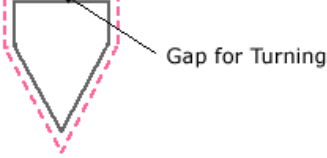
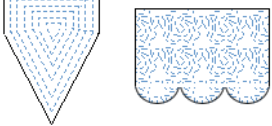

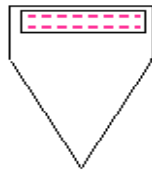
**Can I take part if I live outside the UK?** Yes you can. We welcome all international participation.

**Need a bit more help?** - There is more information available on our [Web Links](#) section, to give you further help and advice with - the hanging sleeve, assembling the quilt, searching for images, sewing on binding, plus some other information.

**What not to use if you want your Pennant to go to Australia** - Please be aware that some countries have quarantine restrictions on imported items, please read this regarding [Australian Quarantine](#) . If you are happy for your Pennants to be distributed randomly, then please make your Pennant out of anything you like, and we will find a very happy recipient for you.

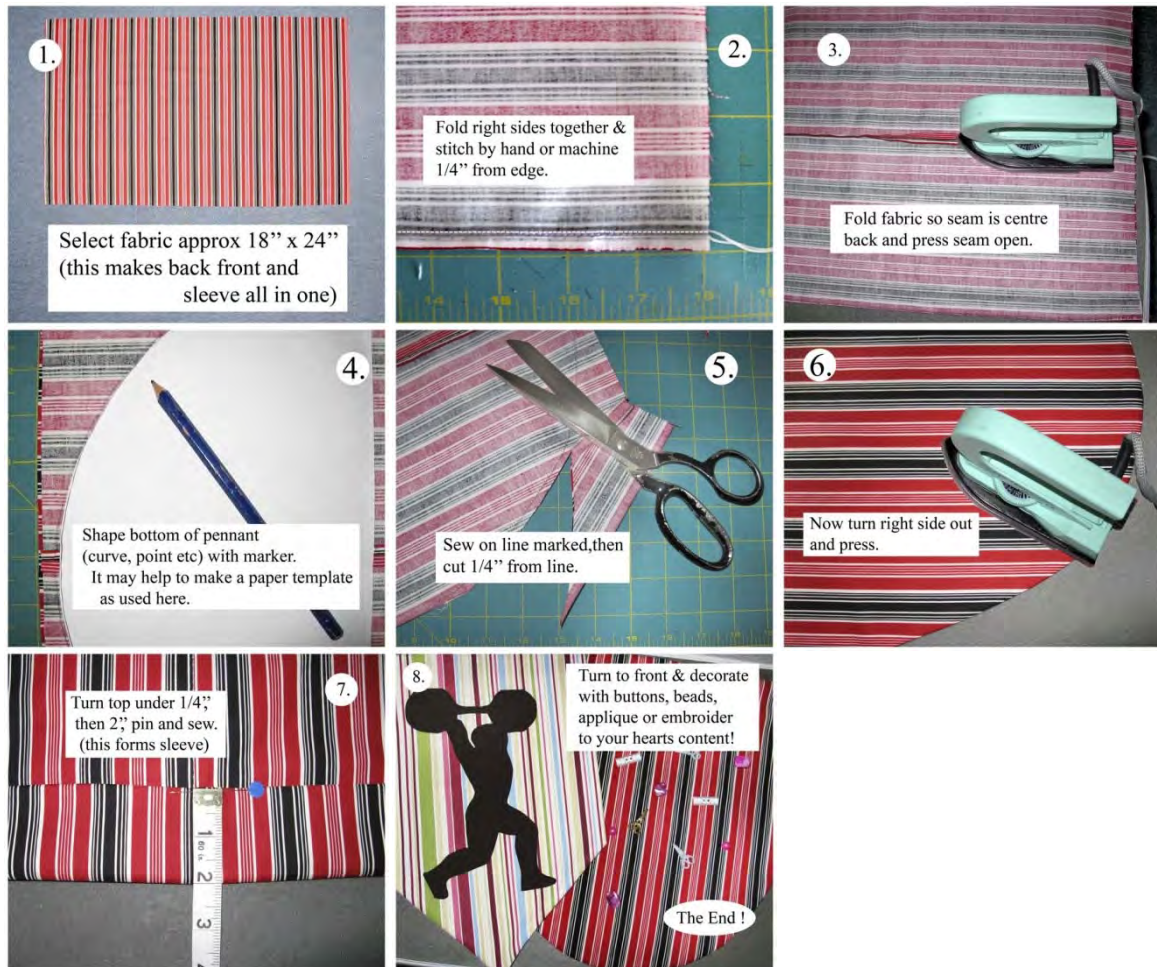
END OF GUIDELINES



Pennant Instructions		
		
<p>Take a sheet of A3            (297 × 420mm or 11.7" × 16.5")            Fold in half lengthways or widthways.</p>	<p>Draw on your shape. Cut along the drawn line.</p>	<p>Open out the fold and this is your pattern.</p>
		
<p><b>Simple Pennant</b>            Assemble the components in the following order:</p> <ul style="list-style-type: none"> <li>• Wadding</li> <li>• Front Fabric (right side up)</li> <li>• Backing Fabric (right side down)</li> <li>• Paper Pattern</li> </ul> <p>Pin them all together</p>	<p>Sew around the shape.            Cut round pennant leaving at least ¼" (6mm) allowance.            Clip any curves.            Turn right side out.</p>	<p>Press lightly.            Sew up gap and quilt as desired.            Add any embellishments.</p>
<p><b>FOLD</b></p> 		
<p><b>Hanging Sleeve</b>            Cut fabric 10" (A4 width) or 14" (A3 Width) x 8½". Fold in half widthways &amp; sew round 2 sides. Clip corners and turn inside out. Press &amp; sew opening shut.</p>	<p>Using a small stitch, sew to the back at the top of the pennant along both long edges of the channel.</p> <p>Finished!</p>	



## Simple Pennant Method




---

## You Pennant Bagging Method

This method is fully demonstrated on at

[http://www.youtube.com/watch?v=aQ0h9ijOxtI&feature=player\\_embedded](http://www.youtube.com/watch?v=aQ0h9ijOxtI&feature=player_embedded)





# Certificate of Achievement

Quilts4London congratulate

.....

for successfully making a pennant for athletes  
at the Olympic and Paralympic Games.

Quilts4London is part of the London 2012 Cultural Olympiad.



Authorised: .....

Date: .....

© Quilts4London 2009-2010

